

# CALM THE CHAOS WORKSHOP

## Next steps Gameboard



<p>Join Facebook Group</p> <p><a href="http://calmthechaosworkshop.com/community">calmthechaosworkshop.com/community</a></p>	<p>Watch At Least One Live QA</p> <p><a href="http://calmthechaosworkshop.com/c1">calmthechaosworkshop.com/c1</a>  <a href="http://calmthechaosworkshop.com/c2">calmthechaosworkshop.com/c2</a>  <a href="http://calmthechaosworkshop.com/c3">calmthechaosworkshop.com/c3</a></p>	<p>Watch At Least One Story at</p> <p><a href="http://calmthechaosworkshop.com/stories">calmthechaosworkshop.com/stories</a></p>	<p>Attend a Pajama Party</p> <p><a href="http://calmthechaosworkshop.com/p1">calmthechaosworkshop.com/p1</a>  <a href="http://calmthechaosworkshop.com/p2">calmthechaosworkshop.com/p2</a>  <a href="http://calmthechaosworkshop.com/p3">calmthechaosworkshop.com/p3</a></p>	<p>Watch Video 1: How to Remain Calm</p> <p><a href="http://calmthechaosworkshop.com/v1">calmthechaosworkshop.com/v1</a></p>
<p>Connect with One Person in the Workshop</p> <p><a href="http://calmthechaosworkshop.com/community">calmthechaosworkshop.com/community</a></p>	<p>Take Behavior Type Quiz</p> <p><a href="http://behaviorquiz.com">behaviorquiz.com</a></p>	<p>Count Positive Interactions for at least one day</p> <p><a href="http://calmthechaosworkshop.com/v2">calmthechaosworkshop.com/v2</a></p>	<p>Watch Video 2: How to Stop Unwanted Behavior</p> <p><a href="http://calmthechaosworkshop.com/v2">calmthechaosworkshop.com/v2</a></p>	<p>Share Your Biggest Wish for Your Family after Video One</p> <p><a href="http://calmthechaosworkshop.com/v1">calmthechaosworkshop.com/v1</a></p>
<p>Comment on at Least One Other Person's Thread</p> <p><a href="http://calmthechaosworkshop.com/community">calmthechaosworkshop.com/community</a></p>	<p>Take the Parenting Assessment on Video One</p> <p><a href="http://theparentingassessment.com">theparentingassessment.com</a></p>	<p><b>FREE SPACE</b></p>	<p>Find One Anchor That Will Help You Remain Calm</p> <p><a href="http://calmthechaosworkshop.com/v1">calmthechaosworkshop.com/v1</a></p>	<p>Share Your Child's Superpower Swap after Video Two</p> <p><a href="http://calmthechaosworkshop.com/v2">calmthechaosworkshop.com/v2</a></p>
<p>Ask one question in the Community</p> <p><a href="http://calmthechaosworkshop.com/community">calmthechaosworkshop.com/community</a></p>	<p>Watch Video 3: Family Success Plan</p> <p><a href="http://calmthechaosworkshop.com/v3">calmthechaosworkshop.com/v3</a></p>	<p>Post at least one #ctcwin in the Facebook Group</p> <p><a href="http://calmthechaosworkshop.com/community">calmthechaosworkshop.com/community</a></p>	<p>Introduce Yourself in the Facebook Group</p> <p><a href="http://calmthechaosworkshop.com/community">calmthechaosworkshop.com/community</a></p>	<p>Share What Would Be Possible After Video Three</p> <p><a href="http://calmthechaosworkshop.com/v3">calmthechaosworkshop.com/v3</a></p>
<p>Tell One Friend About the Workshop</p> <p><a href="http://calmthechaosworkshop.com">calmthechaosworkshop.com</a></p>	<p>Swap One Negative Thought About Your Child</p> <p><a href="http://calmthechaosworkshop.com/v1">calmthechaosworkshop.com/v1</a></p>	<p>Start a Positive Interaction Journal</p> <p><a href="http://calmthechaosworkshop.com/v2">calmthechaosworkshop.com/v2</a></p>	<p>Create Your You-CUE Plan for at Least One Struggle</p> <p><a href="http://calmthechaosworkshop.com/v3">calmthechaosworkshop.com/v3</a></p>	<p>Add the Schedule to your Calendar</p> <p><a href="http://calmthechaosworkshop.com/cal">calmthechaosworkshop.com/cal</a></p>

### Ways to Play:

- Find one step on the game board to complete in the workshop.
- Mark the space when you do the task. (do another)
- Watch the group for challenges- 4 corners, diagonals, straights, borders, and even blackout (all covered)
- Post a selfie in the group with your completed game board for a chance to win a seat in our next Calm the Chaos 90 Day Experience with hashtag, #CTCRevolution