

ACTION STEP FOUR

I CAN MAKE TIME TO SIT WITH MY CHILD

When in your day can you sit with your child for 5-10 minutes?

I CAN CONNECT WITH MY CHILD

How does your child like to connect or play with you?

I CAN CELEBRATE A WIN

What small wins can you notice and celebrate with your child?

I CAN GET MY FAMILY ON BOARD



EXERCISE: Post your celebrate huddle plan in the Facebook Group #day4
BONUS POINTS: Post a family selfie and #MyFirstHuddle and post in the Group

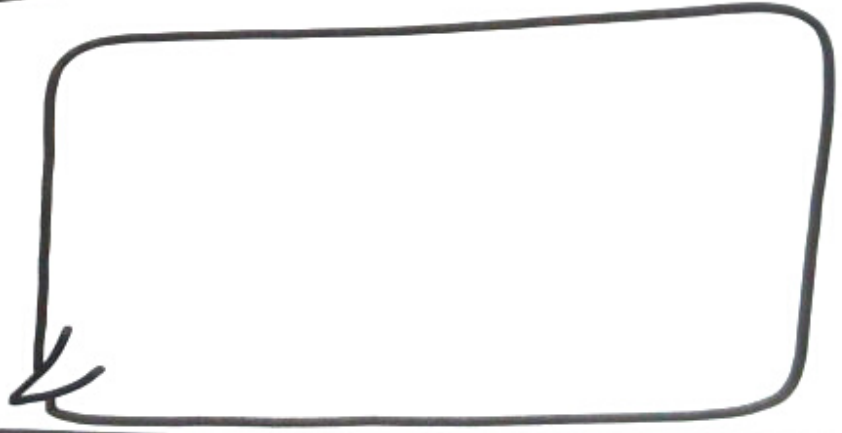
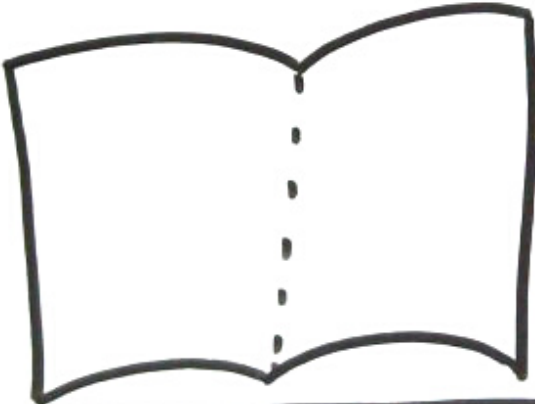
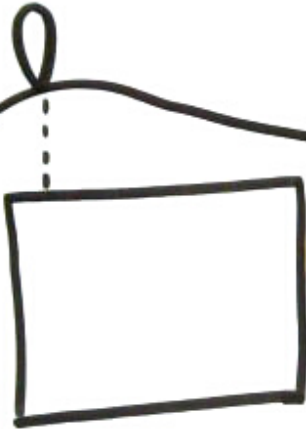
TAKEAWAYS...

CALM THE CHAOS



HOW TO STOP
CHAOS BEFORE
IT EVEN BEGINS

Be



NOTES...